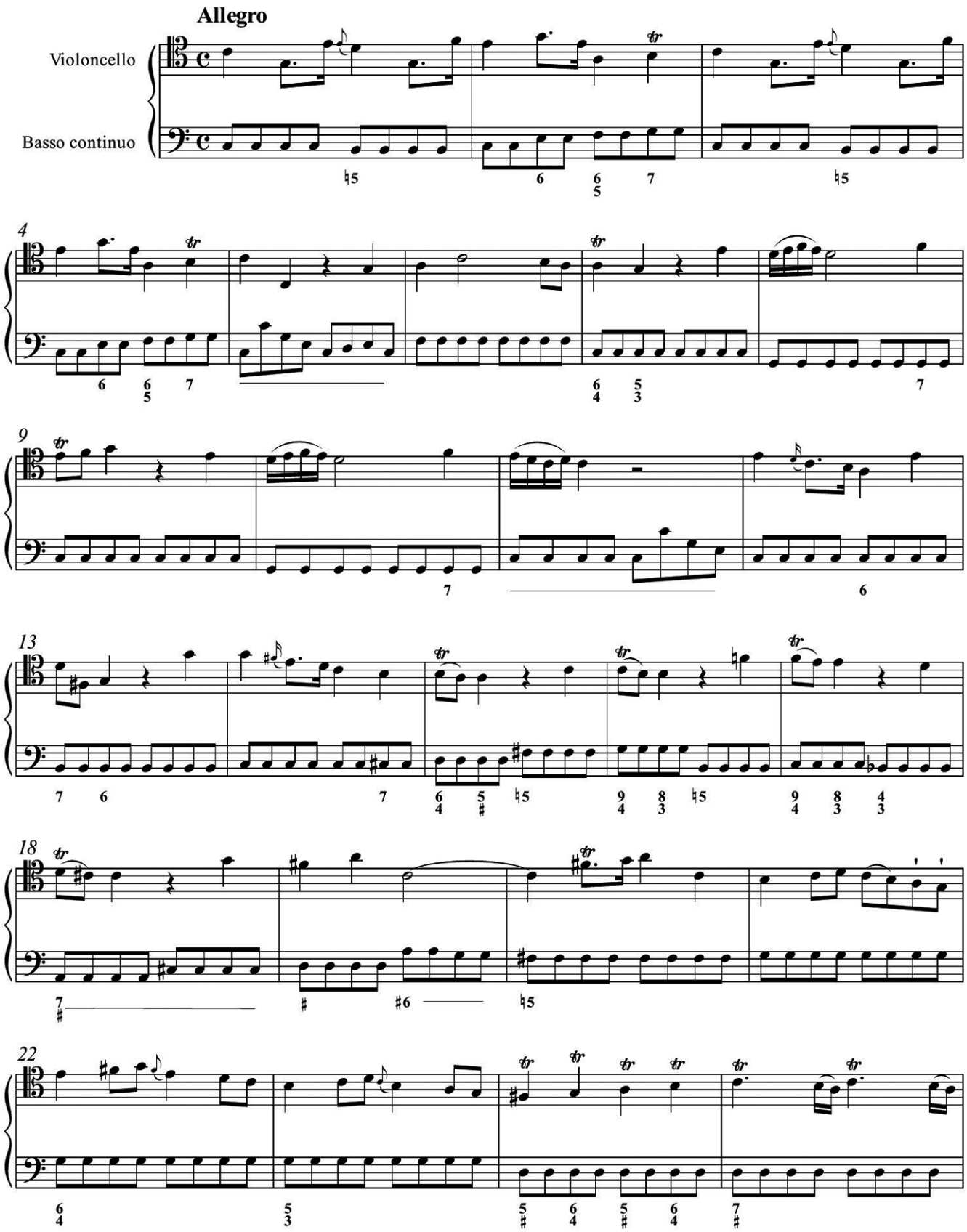Sonata I